

4 STEPS FOR KIDS



Growing up safely

Growing up safely is a four-step process. Use this chart to track your child's growth and to remind yourself to follow all the steps—don't skip any.

Step 1. Rear-facing infant seats



Rear-facing infant seats in the back seat from birth to at least one year old and at least 20 pounds.

Step 2. Forward-facing toddler seats



Forward-facing toddler seats in the back seat from age one to about age four and 20 to 40 pounds.

Step 3. Booster seats



Booster seats in the back seat from about age four and 40 pounds to at least age eight, unless 4'9".

Step 4. Seat belts



Seat belts at age eight or older or taller than 4'9".
All children age 12 and under should ride in the back seat.

11 inches

10 inches

9 inches

8 inches

7 inches

6 inches

5 inches

4 inches

3 inches

2 inches

1 inch

1/2 foot

1 inch

4 feet

11 inches

10 inches

9 inches

8 inches

7 inches

6 inches

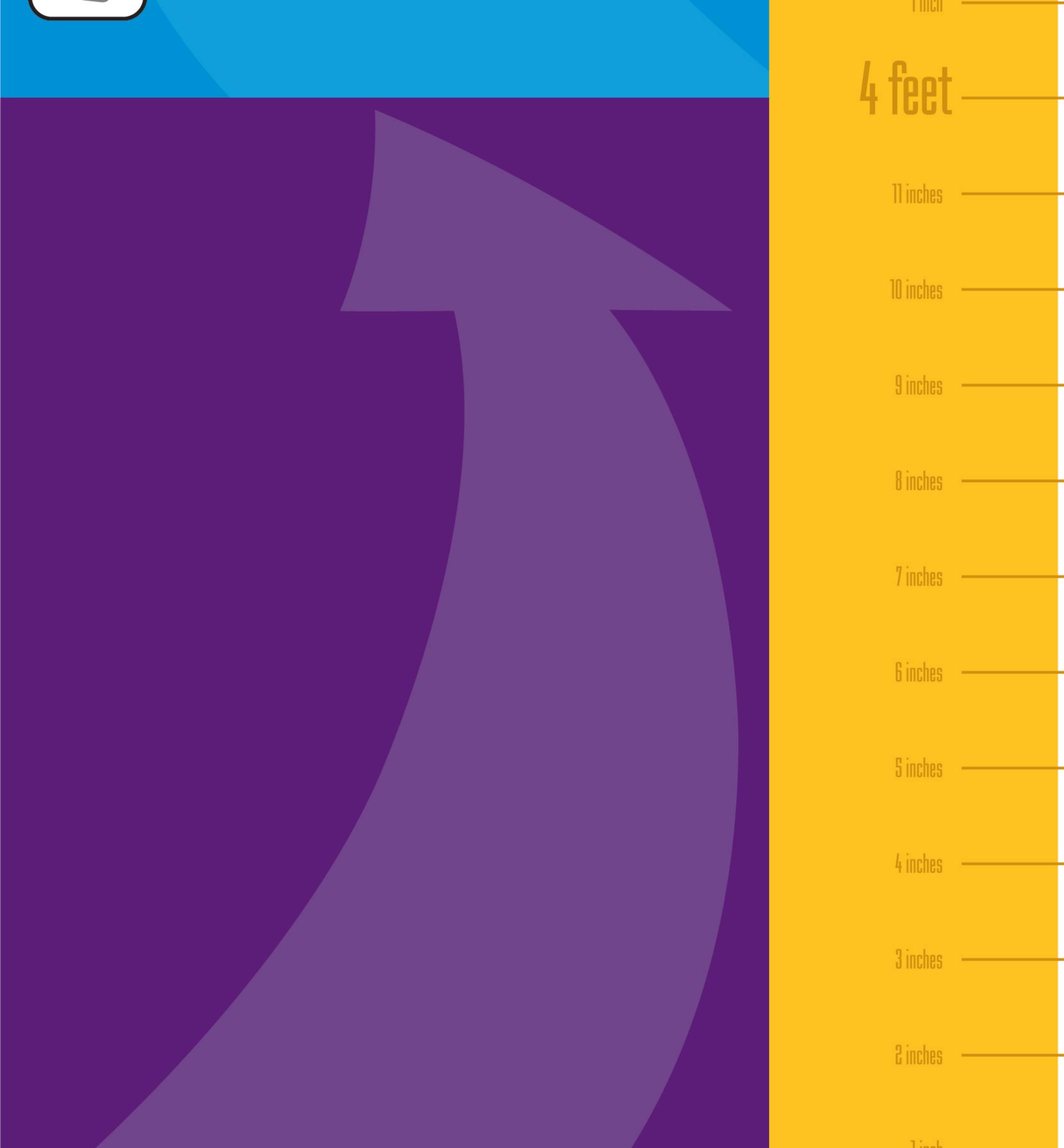
5 inches

4 inches

3 inches

2 inches

1 inch





2 inches

1 inch

3 feet

11 inches

10 inches

9 inches

8 inches

7 inches

6 inches

5 inches

4 inches

3 inches

2 inches

11 inches

10 inches

9 inches

8 inches

7 inches

6 inches

5 inches

4 inches

3 inches

2 inches

1 inch

Hang the bottom of this growth chart 2 feet from the floor.



Hotline:
1-888-DASH-2-DOT
(1-888-327-4263)

